

### The Change Agent Network Pty Ltd

## **Executive Coaching Services**

Inspiring sessions



The Change Agent Network delivers tailored and expert level executive coaching, group facilitation or training in all strategic, cultural, leadership, personal and interpersonal competency areas.

The workshops bring together the best material from Harvard, Melbourne and Monash Universities, Cognitive Behavioural Psychology and the Workplace Change world.

The Change Agent Network delivers sessions that are designed to meet client needs, enjoyable, high impact, immediately applicable, and most importantly remembered and used forever!

"I can't imagine developing my team without The Change Agent Network!"

Trevor Boyd, Project Director M8o Upgrade



# **Expert Executive Coaching With The Change Agent Network**

#### What is executive coaching?

The intent of one-on-one executive coaching is to enable a candidate to be the best leader, manager, team member or entrepreneur they can be; and to fill specific needs in their awareness, skills or approach. With the advantage of being extremely tailored to the individual's needs, and able to explore real-life and real-time issues, coaching is often preferred to workshops or seminars.

#### Types of outputs

For any candidate, the measures of success will be decided either in consultation with sponsors or in the first session with the coach, or both. Objectives should be as clear as possible and all manner of tracking or reporting back is possible.

At the same time many candidates enjoy the independence and confidentiality of the standard coaching relationship.

Targets for coaching can be set at all levels:

- Targets might be as broad as improving interpersonal skills like: "impact management", influencing skills or self awareness in managing meetings or relationships.
- They could be as generic as "supervision", or opportunities for debriefing or review.
- And of course targets can also be very specific, like the creation of a targeted strategic plan, closing a new deal or resolving specific conflicts.

If successful, the candidate and those around them should be able to report demonstrable shifts in skills, approach, behaviour and impact.

#### **Coaching Process**

The coach and candidate design their interactions on a mutually convenient basis to fit the objectives determined. Typically sessions are conducted in two hour blocks, monthly, to ensure enough time to explore the depth of any issue and space between sessions for practice and implementation.

#### **Fees**

Coaching rate: \$295 per hour plus GST.

A typical progression and coaching relationship commences with 3 x two-hour sessions over a few months and then pauses for review.

#### To get started

Please contact Jonathan Schauder (jonny@thechangeagentnetwork.com.au) to confirm bookings and the plan.